

1. Name and Address of Reporting Person
GILLETT, NANCY
251 Ballardvale Street
Wilmington, MA 01887
USA
2. Issuer Name and Ticker or Trading Symbol
Charles River Laboratories Int'l., Inc (CRL)
3. IRS or Social Security Number of Reporting Person (Voluntary)
4. Statement for Month/Year
11/2002
5. If Amendment, Date of Original (Month/Day/Year)
6. Relationship of Reporting Person(s) to Issuer (Check all applicable)
() Director () 10% Owner
(X) Officer (give title below) () Other (specify below)
Vice President
7. Individual or Joint/Group Filing (Check Applicable Line)
(X) Form filed by One Reporting Person
() Form filed by More than One Reporting Person

TABLE I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Trans- action Date (Month/ Day/ Year)	3. Trans- action Code		4. Securities Acquired (A) or Disposed of (D)			5. Amount of Securities Beneficially Owned at End of Month	6. Owner- ship Form: Direct (D) or Indirect (I)	7. Nature of In- direct Bene- ficial Owner- ship
		Code	V	Amount	A/D	Price			
Common Stock	11/22/2002	M		2000	A	\$16.0000		D	
Common Stock	11/22/2002	M		1400	A	\$31.9700	4400	D	

TABLE II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	
Title of Derivative Security	Conver- sion or Exercise Price of Deriv- ative Security	Transac- tion Date (Month/ Day/Year)	Transac- tion Code	Number of Derivative Securities Acquired(A) Disposed(D)	Date Exercisable and Expiration Date (Month/Day/Year)	Title and Amount of Underlying Securities	Amount or Number of Shares	Price of Derivative at End of Month	Number of Deriv- ative Secur- ities Benefi- cially Owned at End of Month	Owner- ship Form of Deriv- ative Secur- ity: Direct (D) or In- direct (I)	Nature of Bene- ficial Owner- ship
Stock Options (Right to buy)	\$16	11/22/2002	M	2000	06/23/2001 06/23/2010	Common Stock	2000	\$16.0000	1000	D	
Stock Options (Right to buy)	\$31.97	11/22/2002	M	1400	08/01/2002 08/01/2011	Common Stock	1400	\$31.9700	2800	D	

Explanation of Responses:

SIGNATURE OF REPORTING PERSON
/s/ NANCY GILLETT

DATE
11/25/2002